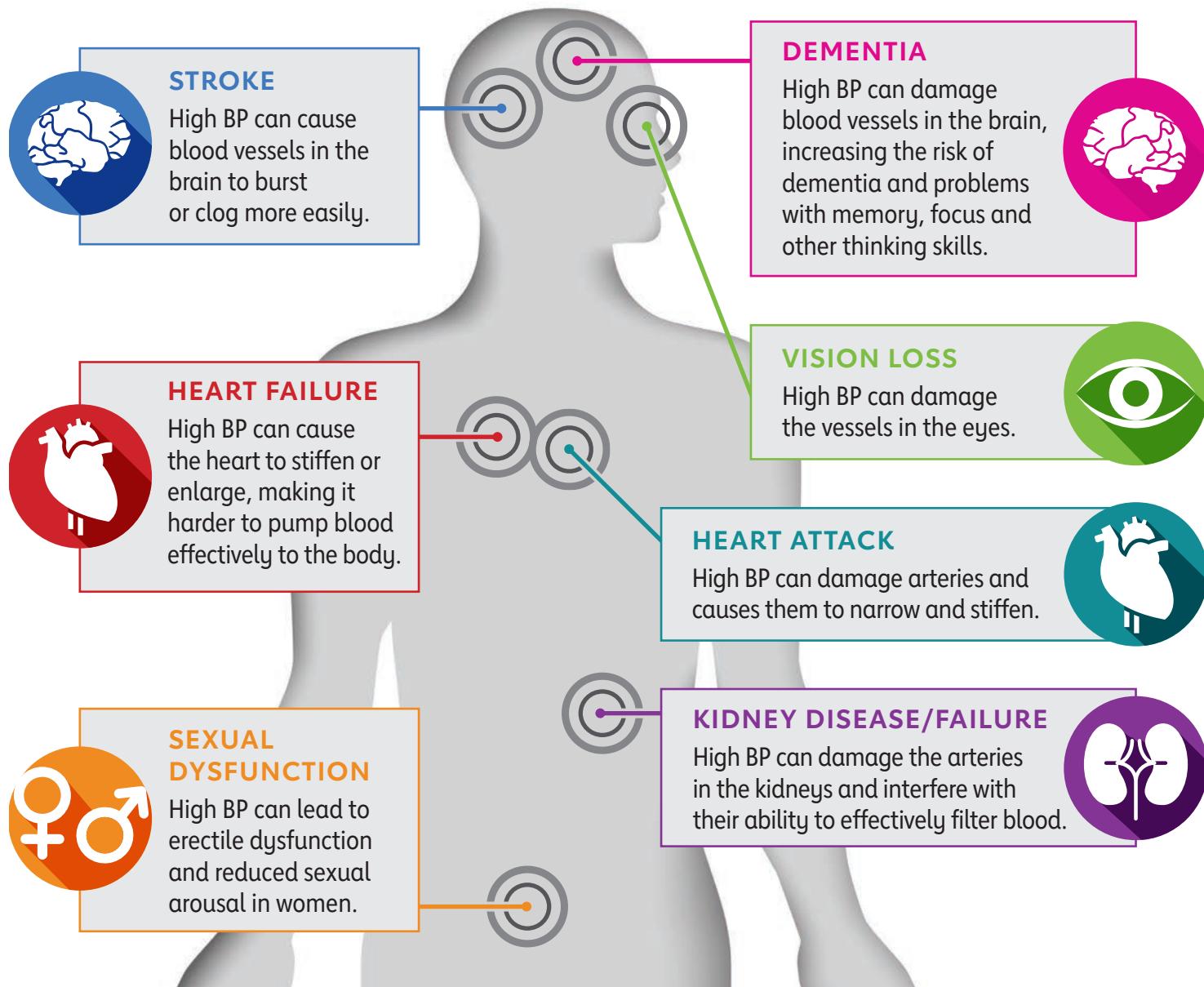




# Consequences of High Blood Pressure

High blood pressure (BP) can cause other health problems, like:



A healthy blood pressure helps protect your kidneys, heart and your body's ability to use energy (metabolic health). Check your blood pressure today. Learn more at [heart.org/BP](http://heart.org/BP).